Patrick Wheaton: Our Independent Listener

My name is Patrick and I am the Independent Listener for Cheltenham College Prep.



I am another person that you can speak to if you have a worry or something you feel you need help with.

I know that in your school there are many different people you can talk to if you feel you need to; I am just another one.

I am called an "independent listener" because I don't work at The Prep. So I am someone you could call if:

- you wanted to think through how to manage something difficult
- to think through who might be the best person in your school or your family to talk to about your worry
- you felt that it might be easier to talk about your worry with someone
 you don't see every day

I will visit The Prep occasionally so that you know who I am.

My number is: 07557 105634