

# BREAKFAST

W1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	Selection of juice	Selection of juice	Selection of juice	Selection of juice	Selection of juice	Selection of juice	Selection of juice
HOT ITEMS	Pork Sausages Baked Beans Panfried or Boiled Free Range Eggs, Grilled Button Mushroom	Grilled English Back Bacon, Roasted Tomato Hash Browns Poached or Boiled Free Range Eggs	Grilled West Country Sausage, Free Range Scrambled or Boiled Eggs, Grilled Button Mushrooms, Baked Beans	Grilled English Back Bacon BBQ Baked Beans Free Range Pan fried or Boiled Eggs	Pork Sausages Plum Tomato Free Range Poached or Boiled Eggs	Grilled English Back Bacon Baked Beans Hash Brown Free Range Pan fried or Boiled Eggs	Grilled Sausage Baked Beans Grilled Whole Mushroom Free Range Pan fried or Boiled Eggs
DAILY SPECIAL	Freshly Baked Croissant, Sliced Cheddar Cheese, Sliced Wiltshire Ham	American style Pancakes, Forest Berry Compote, Honey & Yogurt	Pepperoni, Tomato, Cheese Pizza Toast	Freshly Baked Chocolate Twist	Chefs special	Freshly Selection of Danish	Pain au Chocolat
DAILY BREAKFAST ITEMS	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt
FRUIT	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit

# SALAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SALAD ITEMS	Carrots Cucumber Beetroot Tomatoes Sweetcorn Peppers Mixed leaf						
COMPOSITES	Coleslaw Curried chickpea & roasted peppers Moroccan couscous Chefs special	Potato salad Noodles & roasted vegetables Mixed beans salad Chefs special	Coleslaw Tomato & butter bean Indian couscous Chefs special	Potato salad Sausage pesto pasta Feta, mint & watermelon salad Chefs special	Coleslaw Roasted gammon & pineapple mixed salad Curried potato & chickpea Chefs special	Potato salad Chicken pasta Chefs special	Coleslaw Couscous Chefs special
PROTEINS	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special
Sauces and Extras	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds

# LUNCH

W1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP</b>	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread
<b>MAIN MEAL 1</b>	Chicken & leek pie	Paprika pork Curry	Carbonara with crispy pancetta	Honey Roast Gammon	Hand battered Pollock	Chorizo Pasta	Bagel Bar
<b>MAIN MEAL 2</b>	Herb topped Fisherman's Pie	Shredded Masala Chicken Thighs	Tri coloured Pasta		Beef Burgers		
<b>MAIN MEAL 3</b>	Sweet Potato, Butternut Squash & Spinach Pie	Roasted Chickpea Curry	Quorn Sausage with herby Tomato sauce	Butternut Squash & Lentil cake	Breaded Halloumi on Grilled Vegetables	Creamy Cauliflower Pasta	Grilled Vegetable Bagel
<b>ON THE SIDE</b>	Mash potato Carrots Kale	Steamed Rice Sweetcorn, Grilled Vegetable medley	Tri coloured Pasta Garlic bread Broccoli Trees Garden Peas	Cauliflower Cheese Roasted Potatoes Carrots Red Cabbage	Skin on Chips Baked Beans Mushy peas	Pasta Grilled Ciabatta Roasted peppers Sweetcorn	Curly fries Beans Chef's Salad
<b>DESSERT</b>	Vanilla short bread Berry compote	Lemon sponge	Raspberry ripple rice pudding	Spiced apple flapjack Crumble Custard	Chocolate crunch	Chef's delights	Cupcakes
<b>EVERY DAY</b>	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and Jelly	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and Jelly	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt

# SUPPER

WI	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MAIN COURSE ONE</b>	Toad in the hole	Homemade Italian style pizza Peperoni Passion Ham & Pineapple	Asian style chicken	Crispy Beef Fajitas	Hunters Chicken wrapped in Bacon	BOARDERS TAKE OVER NIGHT	Roasted lamb
<b>MAIN COURSE TWO</b>	Vegetable stew	Homemade Italian style Pizza Three Cheese	Soy tofu noodles	BBQ Jack fruit & Avocado Wraps	Stuffed Couscous Sweet Potato		Lentil Mushroom Loaf
<b>ON THE SIDE</b>	Roasted new potatoes Green beans Sweetcorn	Homemade seasoned Wedges Corn on the cob	Noodles Mixed stir fry vegetable	Tortilla Wrap Grilled Peppers and Onions Baby gem Lettuce	New potatoes Broccoli Baby corn		Beef Dripping Gravy Roasted Potatoes Buttered Cabbage Roast Parsnips
<b>DESSERT</b>	Jam roly-poly	Doughnuts	Chef's delights	Churros, Chocolate Sauce	Fruit sponge	Chef's delights	Chef's Crumble
<b>EVERY DAY</b>	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt

SELECTION OF FRESHLY CUT & WHOLE FRUITS