

BREAKFAST

W2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	Selection of juice	Selection of juice	Selection of juice	Selection of juice	Selection of juice	Selection of juice	Selection of juice
HOT ITEMS	Grilled Pork Sausages Baked Beans Panfried or Boiled Free Range Eggs, Grilled Button Mushroom	Grilled English Back Bacon, Roasted Tomato Hash Browns Poached or Boiled Free Range Eggs	Grilled West Country Sausage, Free Range Scrambled or Boiled Eggs, Grilled Button Mushrooms, Baked Beans	Grilled English Back Bacon BBQ Baked Beans Free Range Pan fried or Boiled Eggs	Grilled Pork Sausage, Plum Tomato Free Range Poached or Boiled Eggs	Grilled English Back Bacon Baked Beans Hash Brown Free Range Pan fried or Boiled Eggs	Grilled Sausage Baked Beans Grilled Whole Mushroom Free Range Pan fried or Boiled Eggs
DAILY SPECIAL	Chefs special	Grilled Cheddar Cheese, Toast Bloomer Bread	American style Pancakes, Forest Berry Compote, Honey & Yogurt	Pepperoni, Tomato, Cheese Pizza Toast	Freshly Selection of Danish	Freshly Baked Chocolate Twist	Freshly Baked Croissant, sliced Cheddar Cheese, Sliced Wiltshire Ham
DAILY BREAKFAST ITEMS	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt	Selection of Cereals Porridge Toast Mixed Jams & Preserves Natural Yoghurt
FRUIT	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit	Selection of Cut & Whole Fruit

SALAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SALAD ITEMS	Carrots Cucumber Beetroot Tomatoes Sweetcorn Peppers Mixed leaf						
COMPOSITES	Coleslaw Curried chickpea & roasted peppers Moroccan couscous Chefs special	Potato salad Noodles & roasted vegetables Mixed beans salad Chefs special	Coleslaw Tomato & butter bean Indian couscous Chefs special	Potato salad Sausage pesto pasta Feta, mint & watermelon salad Chefs special	Coleslaw Chicken Caesar salad Curried potato & chickpea Chefs special	Potato salad Chicken pasta Chefs special	Coleslaw Couscous Chefs special
PROTEINS	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special	Grated mature cheddar Cheese Free range Boiled eggs MSC Tuna Chefs special
Sauces and Extras	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds	Mayonnaise Sweet chilli French dressing Selection of flavoured oils Crispy onions Croutons Pumpkin seeds Sunflower seeds

LUNCH

W2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread	Home made Soup of the day, selection of wild farmed bread
MAIN MEAL 1	Chicken Korma	Cottage Pie topped with mature cheddar cheese	Meatballs in a rich Tomato sauce	Roast Chicken	Salmon & Dill fish cakes	Tuna Pasta Bake	Bacon & Tomato Panini
MAIN MEAL 2	Beef Savory mince with seasonal vegetables	Sticky Pork & Pineapple Hot Pot	Rigatoni Pasta	Sage & Onion Stuffing	Chipolatas	Ham & Cheese Panini	
MAIN MEAL 3	Roasted Chickpea Tagine	Lentil & Butternut Squash Pie topped with Sweet Potato	Quorn balls In Tomato sauce	Herb crumb Feta Mushroom	Sticky Tofu, Beetroot Wraps	Fusilli Pasta Creamy Cheese Sauce	Tuna & Red Onion Melt
ON THE SIDE	Rice Naan bread Grilled Indian vegetables Broccoli Trees	Mash Potato Steamed Carrots Green cabbage Gravy	Pasta Sweetcorn Broccoli Trees Garlic bread	Roasted Potatoes Cauliflower Cheese Red cabbage Chicken gravy	Chips Peas Beans	Crusty loaf Sweetcorn	Selection of Crisps Chef's salad
DESSERT	Chocolate chip short bread	Citrus sponge	Rice Pudding Strawberry Sauce	Plum & cherry oatly crumble	Vanilla sponge & chocolate sauce	Chef's delights	Caramel wafers
EVERY DAY	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and Jelly	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and Jelly	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt

SUPPER

W2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	Turkey Bolognaise	Fish Goujons	BBQ Pork Ribs	Beef burrito	Chicken shawarma	KFC FAKEAWAY NIGHT Crispy Chicken Fillets Popcorn Chicken Seasoned Chicken Wings	Roasted turkey
MAIN COURSE TWO	Vegan Ragout	Fishless fingers	Roasted Cauliflower Steaks with a spicy glaze	Mexican Quorn fajitas	Grilled Tofu & Mediterranean Vegetable Skewers	Breaded Quorn Fillets	Cous-Cous Stuffed Mushrooms
ON THE SIDE	Tagliatelle Sweetcorn Green beans	Curly fries Beans Chef's salad	Homemade Wedges Corn on the Cob Homemade Coleslaw	Tacos Rice Peppers & onions	Flat bread Homemade Sweet Potato Wedges Greek Salad	Corn on the Cob Beans Fries Chicken Gravy	Roasted New Potatoes Steamed Carrots Green Beans
DESSERT ONE	Pineapple upside down cake	Chocolate Pots & Cream	Chef's delights	Mini doughnuts with toffee sauce	Bananas with white chocolate custard	Chef's Delights	Chefs crumble
EVERY DAY	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt	Fresh Fruit and a Selection of Yoghurt
SELECTION OF FRESHLY CUT & WHOLE FRUITS							